

Inclusion Activity Model

The Inclusion Activity Model identifies a range of options you can use when working with disabled children and adults

Open: sports sessions, training and competition taking place with little or no modifications or changes. A fully inclusive session where everyone can take part.

Modified: a sports session or competition being provided with appropriate adaptation to the rules, equipment or setting to facilitate members of the group doing the same activity in different ways.

Parallel: adults or children participate in the same activity but they are grouped according to their ability for sports participation or competition.

Specific: a session where participants either as an individual or a group take part in a purposefully planned activity which focuses on their specific needs.

